

SERIES: LIVING THE GOOD LIFE

Part 3: "How To Relax Because Of God's Goodness"

*"The Lord is my Shepherd; I have all that I need. <sup>2</sup>He lets me rest in green meadows; He leads me beside peaceful streams." Psalm 23:1-2*

These images represent: \_\_\_\_\_ and \_\_\_\_\_

I. What causes people to \_\_\_\_\_ and not get enough rest?

A. \_\_\_\_\_ identity: Basing my \_\_\_\_\_ on my work

*"Fools are so exhausted by a little work that they can't even find their way home." Ecclesiastes 10:15*

B. \_\_\_\_\_: Always \_\_\_\_\_ more things

*"Don't wear yourself out trying to get rich. Be wise enough to know when to quit. <sup>5</sup>In the blink of an eye wealth disappears, for it will sprout wings and fly away like an eagle." Proverbs 23:4-5*

C. \_\_\_\_\_

*"Then I observed that most people are motivated to success because they envy their neighbors. But this, too, is meaningless--like chasing the wind." Ecclesiastes 4:4*

D. \_\_\_\_\_ achievement over \_\_\_\_\_

*"Here's another thing I've seen on earth that makes no sense: Some people don't have any kids or family or even friends, yet they work obsessively, never taking a break. There's no end to their toil and they're never content with what they've done or earned. They never ask, 'Why am I always working to do more?', and, 'Why don't I let myself enjoy life?', and 'Who cares? Who will get what I leave behind?' What a senseless and miserable way to live! You're better off having someone to enjoy and share the rewards of your work." Ecclesiastes 4:7-9 (MSG/CEV)*

Horizontal lines for taking notes.